

Cwm Taff People First is a self-advocacy organisation that is set up for and run by adults with a learning disability.

The aims and objectives are to uphold the rights of its members and to break down attitudinal barriers through education, support and training.



Who has written the Charter?

People first Members.

We want a charter because:

- We want to be heard
- We want to be taken seriously
- We want to be treated with respect
- We want to make our own choices
- We want the right support
- We want to be involved in the planning and development of services
- We want YOU to know what matters to us to make our lives better!



Cwm Taf People First

What is the Charter?

The Charter will say how we can work together.

If you sign up to the Charter you need to follow what it says.



Who is the charter for?

The Charter is for anyone who:

- Manages a service for people with a learning disability
- Works in a public service
- Is a care/support worker
- Or works or is involved with someone with a learning disability

We are asking you to sign our charter if you agree with what we say and want things to change.



Voice

We want:

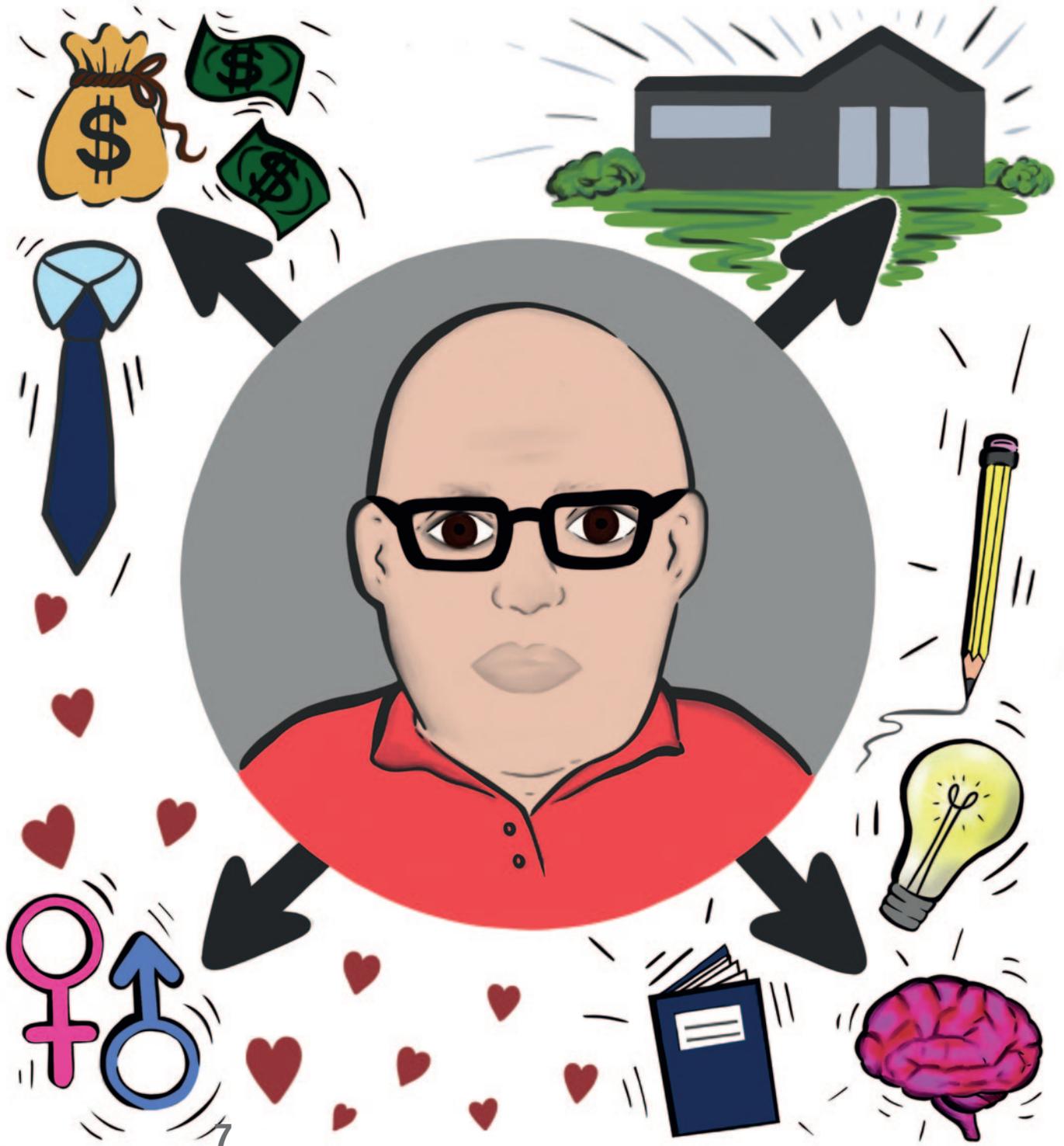
- To speak for ourselves
- To be included – not have others make decisions for us
- To be consulted with
- You listen to what we have to say
- To co-produce services
- To exercise our rights
- To train others about disability equality awareness and hate crime
- To be safe
- Meetings to be accessible and information to be in a way we understand
- Equality and respect
- To participate in decision making forums



Choice

To:

- Make our own choices
- Have friendships/relationships
- Participate in staff interviews
- Decide what to do during the day
- Choose a college course
- Pick a job that is suitable for me
- Where I live and with whom I live with



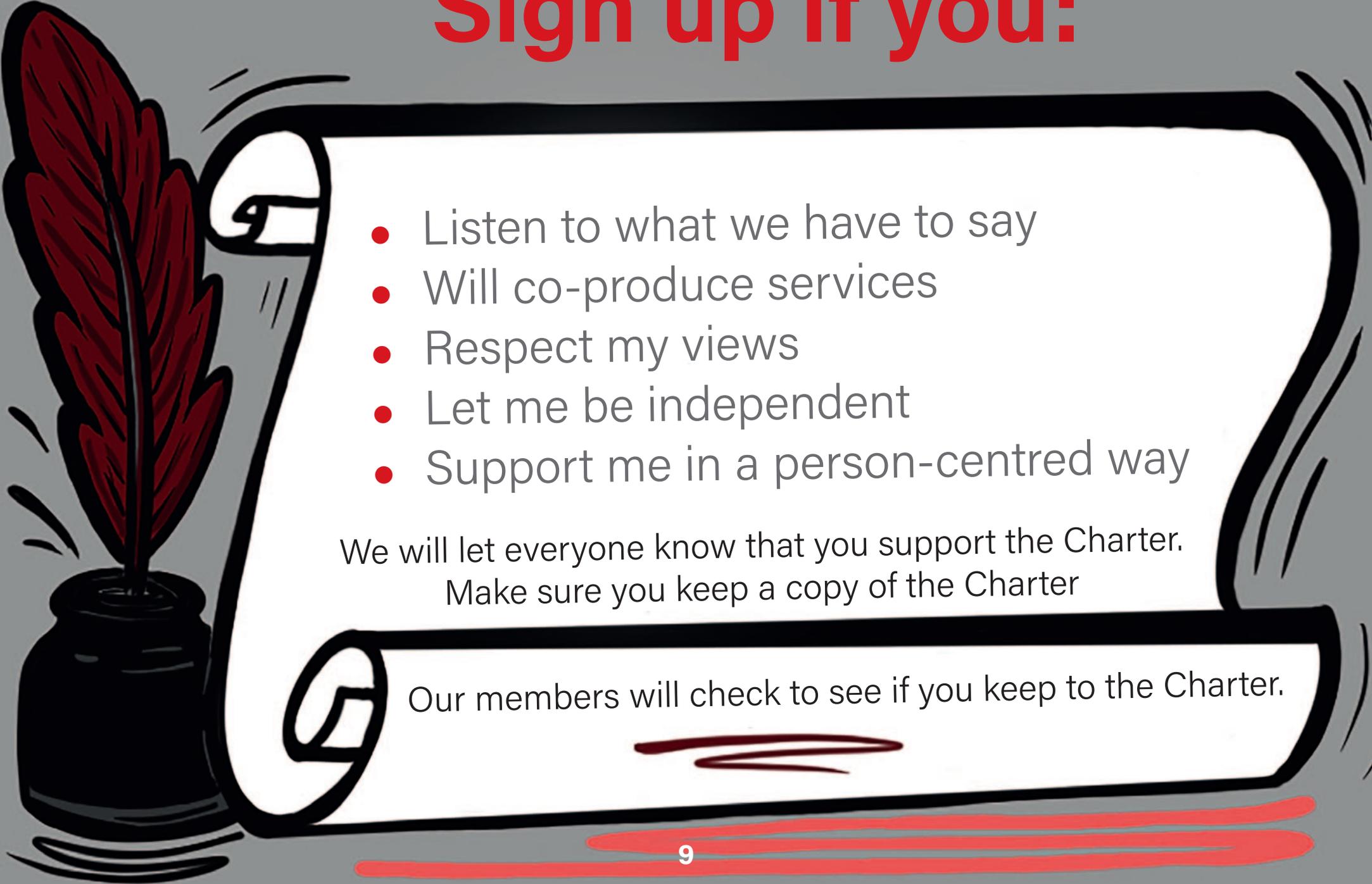
Control



- About what time I go to bed/ get up in the morning on weekends (it's my home, not just a place of work)
- Over what time I go home in the evening, not to suit staff change overs
- To have a social life
- Turn up to our meetings and be on time
- To plan my future
- Decide on my health care and have an annual Health Check



Sign up if you:

- 
- A stylized illustration of a scroll with a quill pen. The scroll is white with a black border and is unrolled. A red quill pen is in a black inkwell on the left. The scroll contains a list of five bullet points and two paragraphs of text. The background is grey with a red vertical bar on the left.
- Listen to what we have to say
 - Will co-produce services
 - Respect my views
 - Let me be independent
 - Support me in a person-centred way

We will let everyone know that you support the Charter.
Make sure you keep a copy of the Charter

Our members will check to see if you keep to the Charter.

Cwm Taff People First Learning Disability Charter



We would like to Thank:

Members and staff at Cwm Taff People First

Rhondda Cynon Taff CBC

Merthyr Tydfil CBC

VAMT/Interlink RCT

Third Sector Small Grant Scheme 2020-2021

Arts Factory

Meg and Joe (filming)

Illustrations by Stacey Harding

People First

Trerhondda, The Strand, Ferndale
Rhondda Cynon Taff, CF43 4LY

Tel: 01443 757954

emma@rctpeoplefirst.org.uk

www.rctpeoplefirst.org.uk

